

GT\_AA Training Table

**GTA A EDGE WEEK THREE**

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
<b>19-Mar-10</b>	<b>20-Mar-10</b>	<b>21-Mar-10</b>	<b>22-Mar-10</b>	<b>23-Mar-10</b>	<b>24-Mar-10</b>	<b>25-Mar-10</b>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Banana Pancakes Shredded Potatoes Sausage Links Scrambled Eggs Grits Biscuits & Gravy Hard Boiled Eggs			French Toast Sticks Hashbrown Patties Bacon Scrambled Eggs Grits Honey Butter Biscuits Hard Boiled Eggs	Pancakes Shredded Potatoes Turkey Sausage Links Scrambled Eggs Oatmeal Bagels Hard Boiled Eggs	Waffles Tater Tots Breakfast Steak Scrambled Eggs Cheese Grits Biscuits & Gravy Hard Boiled Eggs	Pecan Pancakes Diced Potatoes Breakfast Ham Scrambled Eggs Grits English Muffins Hard Boiled Eggs
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Fried and Baked Chicker Brown Rice  <i>Entrée 2</i> baked grouper			BBQ Chicken Quarters Herb Roasted Potatoes  <i>Entrée 2</i> Ribs	Baked Tilapia with Lemon Butter Sauce Wild Rice  <i>Entrée 2</i> Cajun Grilled Chicken Breas	Roast Turkey with Sage Grav Cornbread Dressing  <i>Entrée 2</i> White Spinach Lasagna	Sesame Grilled Pork Chop Stir Fried Rice  <i>Entrée 2</i> Teriyaki Chicker
<b>VEGETABLES</b>	<b>VEGETABLES</b>	<b>VEGETABLES</b>	<b>VEGETABLES</b>	<b>VEGETABLES</b>	<b>VEGETABLES</b>	<b>VEGETABLES</b>
Macaroni & Cheese Mixed Greens Italian Green Beans Petit Corn Cob			Northern Beans French Green Beans w/ Almonds Asparagus Baby Carrots	Twice Baked Potatoes Brussel Sprouts Mixed Greens Whole Kernel Corn	Roasted Sliced Apples California Blend Vegetable Whole Green Beans Petit Corn Cob	Black Beans Broccoli Spears Sugar Snap Peas Butternut Squash
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
			Turkey Burgers Curley Fries  <i>Entrée 2</i> Angus Beef	Beef Fajitas Arroz Verde  <i>Entrée 2</i> Chicken Fajitas	Memphis Meatloaf Mashed Potatoes  <i>Entrée 2</i> Jerk Grilled Mahi Mah	Glazed Ham Basmati Rice  <i>Entrée 2</i> Morroccan Chicker
<b>VEGETABLES</b>	<b>VEGETABLES</b>	<b>CLOSED</b>	<b>VEGETABLES</b>	<b>VEGETABLES</b>	<b>VEGETABLES</b>	<b>VEGETABLES</b>
			Kidney Beans Broccoli Spears Green Peas Candied Yams	Pinto Beans/ Black Beans Italian Green Beans Stewed Okra & Tomatoes Sliced Dill Carrots	Black-eyed peas Collard Greens Asparagus Fried Plantains	Fried Okra Steamed Cabbage Zucchini Lima Beans
<b>ACTION STATION</b>	<b>ACTION STATION</b>	<b>ACTION STATION</b>	<b>ACTION STATION</b>	<b>ACTION STATION</b>	<b>ACTION STATION</b>	<b>ACTION STATION</b>
omelets			CHICKEN CAESAR labretti	baked potato bar	personal pizza	QUESADILLAS
<b>DESIGN SALAD</b>	<b>DESIGN SALAD</b>	<b>DESIGN SALAD</b>	<b>DESIGN SALAD</b>	<b>DESIGN SALAD</b>	<b>DESIGN SALAD</b>	<b>DESIGN SALAD</b>
CHEF SPECIAL			TUNA SALAD	CHICKEN SALAD	TURKEY SALAD	SHRIMP