

Friday 11-Sep-09	Saturday 12-Sep-09	Sunday 13-Sep-09	Monday 14-Sep-09	Tuesday 15-Sep-09	Wednesday 16-Sep-09	Thursday 17-Sep-09
	BRUNCH	BRUNCH	LUNCH MENU			
MEXICAN VEGGIE INT'L Roasted pepper and Portabello Quesadilla Spinach			JAPANESE VEGGIE INT'L Adzuki Beans and Rice Edamame Japanese Omelet Sesame Carrots	FRENCH VEGGIE INT'L Penne Mornay Tofu Cassoulet Roasted Beets Steamed Asparagus	INDIAN VEGGIE INT'L Lentil Dal Biryani Rice Tandoori Vegetables Roti	THAILAND VEGGIE INT'L Sauteed Broccoli Pad Thai/Tofu Thai Veggies Jasmine Rice
			DINNER MENU			
MEXICAN VEGGIE INT'L Tofu Fajitas Taco Potatoes Black Beans & Rice Prince William Blend	VEGGIE CENTRAL Green Tofu Curry Garbanzo Beans Stew Jasmine Rice Buttered Carrots	VEGGIE CENTRAL Rotini with Tomatoes and Basil Vegetarian Chili Baked Potatoes California Vegetable Blend	JAPANESE VEGGIE INT'L Nori Rice Tempura Vegetables Miso Tofu Fresh Broccoli	FRENCH VEGGIE INT'L Vegetable Gratin Country Ratatouille Mashed Yukon Gold Potato Thyme Braised Onions	INDIAN VEGGIE INT'L Chana Masala Curried Eggplant Basmati Rice Aloo Chat	THAILAND VEGGIE INT'L Gingered Rice Peanut Thai Tofu Coconut Spinach Lime Carrots

Friday 18-Sep-09	Saturday 19-Sep-09	Sunday 20-Sep-09	Monday 21-Sep-09	Tuesday 22-Sep-09	Wednesday 23-Sep-09	Thursday 24-Sep-09
	BRUNCH	BRUNCH	LUNCH MENU			
MEXICAN VEGGIE INT'L Bean Nachos Spanish Rice Chili Tofu and Green Beans Carrots			CHINESE VEGGIE INT'L Tofu with Black Bean Sauce Chinese Long Beans Fried Brown Rice Hunan Vegetable	SPANISH VEGGIE INT'L Patatas Bravas Spanish Brussels Sprouts Sauteed Asparagus Spanish Tortilla	JAPANESE VEGGIE INT'L Sesame Soba Noodles Edamame/Rice Miso Yellow Squash Tempura Sweet Potato	Caribbean Mango Tofu Cilantro Black Beans Yucca Sweet and Spicy Broccoli
			DINNER MENU			
MEXICAN VEGGIE INT'L Cheese Enchilada Taco Potatoes Oaxacan Bean Stew Fried Cabbage	VEGGIE CENTRAL Tofu Strudel Corn on the Cob Squash Casserole French Green Beans w/ Almonds	VEGGIE CENTRAL Veggie Vindaloo Basmati Rice Curried Red Lentils Prince William Blend	CHINESE VEGGIE INT'L Mu Shu Tofu Broccoli with Black Mushroom Jasmine Rice Egg Fu Yung	SPANISH VEGGIE INT'L El Bullitt Sauteed Spinach Spanish Corn Tapas Mushrooms	JAPANESE VEGGIE INT'L Fox Udon Noodles Sesame Asparagus Panko Fried Tofu Japanese Blend	Caribbean VEGGIE INT'L Jerk Tofu Caribbean Rice Plantains Mojo Green Beans

Friday 25-Sep-09	Saturday 26-Sep-09	Sunday 27-Sep-09	Monday 28-Sep-09	Tuesday 29-Sep-09	Wednesday 30-Sep-09	Thursday 1-Oct-09
	BRUNCH	BRUNCH	LUNCH MENU			
MEXICAN VEGGIE INT'L Arepas Vegetable Tofu Posole Brown Rice Green Chile Green Beans			ITALIAN VEGGIE INT'L Fried Tofu w Gremolata Broccoli Alfredo Pasta Scampi Style Green Beans White Bean Stew	INDIAN VEGGIE INT'L Pav Bhaji Roti/Naan Basmati Rice w Chick Peas Curried Green Beans	SOUTHERN VEGGIE INT'L Southern Fried Okra Sauteed Kale BBQ Tofu Seasoned Butter Beans	GERMAN VEGGIE INT'L Onion Kuchen Asparagus Parsleyed Boiled Potatoes Braised Cabbage and Apples
			DINNER MENU			

MEXICAN VEGGIE INT'L	VEGGIE CENTRAL	VEGGIE CENTRAL	ITALIAN VEGGIE INT'L	INDIAN VEGGIE INT'L	SOUTHERN VEGGIE INT'L	GERMAN VEGGIE INT'L
Veggie Quesadillas	Blackeyed Peas	Veggie Pot Pie	Linguini with Oil and Garlic	Tofu Curry	Southern Fried Portabello	German Potato Salad
Beans and Rice	Smothered Tofu	Waffle Fries	Eggplant Parm	Indian Red Bean Stew	Dirty Rice	Tofu Schnitzel
Chili Lime Corn on the Cob	Brown Rice	Italian Blend	Sauteed Spinach	Biryani Rice	Lo Country Veggie Stew	Sauteed Apples
Fajita Blend	Fried Okra and Carrots	Fried Brussels Sprouts	Broiled Tomato	Creamed Spinach	Honey Glazed Veggies	Green Beans
Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
2-Oct-09	3-Oct-09	4-Oct-09	5-Oct-09	6-Oct-09	7-Oct-09	8-Oct-09
			LUNCH MENU			
MEXICAN VEGGIE INT'L	BRUNCH	BRUNCH	CHINESE VEGGIE INT'L	SOUTHERN VEGGIE INT'L	KOREAN VEGGIE INT'L	ITALIAN VEGGIE INT'L
Black Bean Enchiladas			Veggie Fried Rice	Veggie Sloppy Joe	Glass Noodles	Pasta Fagioli
Refried Beans			Kung Pao Tofu	Rice	Napa Cabbage	Sauteed Swiss Chard
Brown Rice			Garlic Green Beans	Blackeyed Peas	Spicy Tofu	Portabella and Balsamic Carrots
Chili Squash			Buddhas Delight	Collard Greens	Veggie Omelet	Polenta
			DINNER MENU			
MEXICAN VEGGIE INT'L	VEGGIE CENTRAL	VEGGIE CENTRAL	CHINESE VEGGIE INT'L	SOUTHERN VEGGIE INT'L	KOREAN VEGGIE INT'L	ITALIAN VEGGIE INT'L
Veggie Tamale Pie	Stuffed Peppers	Baked Potato Bar (V)	Lo Mein	Veggie Pot Pie	Bibim Bap	Eggplant Parm
Green Chile Pintos and Rice	Cajun Bean Stew	Veggie Chili	Eggplant with Veg. Oyster Sauce	Fried Okra and Potatoes	Zucchini with Garlic	Parmesan Risotto
Chuckwagon Corn	Mediterranean Blend	Baby Carrots	Oriental Stir FryVeggies	Green Bean Casserole	Vegetable Stew	Broccoli w/ Garlic & Lemon
Cornmeal Crusted Veggies	Fresh Snap Peas	Zucchini with Garlic (V)	Ma Po Tofu	Glazed Carrots	Scallion Pancake	White Bean Stew w/ Tomato